



Standard First Aid & CPR-C/AED

For youth looking to obtain first aid skills, in order to seek employment or to simply be better prepared for medical emergencies. This course will provide you with all the skills necessary to perform infant/adult CPR and provide practical experience with AED's.

Saturday and Sunday @ Recreation Complex

November 4 and 5

9am-5pm

For ages
13-18
years

Babysitter's Training

Certified by the Red Cross, this one day program will teach youth the skills that are needed to care for children. Topics include safety, child development, care and feeding, games and more.

Friday,

September 22

@ Westhill Youth Centre

October 20

@ Old Orchard Hall

November 24

@ Old Orchard Hall

9am-5pm

For ages
11-15
years

Port Moody Recreation Complex

300 loco RD, Port Moody, BC | 604.469.4556 | www.portmoody.ca

PORT MOODY
CITY OF THE ARTS